

	Group Title	Participants	Leaders (Assistants)	Meeting Time	Location	Topics
1	GIYA - Godly Inspired Young Adults	Post-college / young adults	David & Melissa Au Richard & Nancy Kwan	Wednesdays @ 7:30 pm weekly	Various homes	Building strong godly relationships through various studies from God's Word.
2	ABIDE	Post-college / young adults	Wayne & Clara Niou (Lester & Esther Marr)	3 Fridays/month @ 7 pm	Home in Burnaby	Meeting the Holy Spirit
3	Catalyst	Everyone welcome	Ian & Larissa Chan CK & Belinda Wong	Sundays @ 3 pm - 5:30 pm weekly	Various homes in South Burnaby and East Vancouver	Knowing Jesus through His names and His encounters with people in the Bible.
4	W5 (welcome, worship, Word, work, wellness)	Everyone welcome	Nicholas & Jamie Lai Bill & Helen Mar	2 <sup>nd</sup> & 4 <sup>th</sup> Saturdays @ 7 pm	Leaders' homes	Reflecting on the Sunday sermons which will involve discussion, sharing, and application.
5	GIC - Growing in Christ	Everyone welcome	Patrick & Nina Quon Winston Lai Celine Lai	Friday evenings @ 7 pm weekly	Home in North Burnaby	Walking by the Spirit
6	Scottish Outpost	Everyone welcome	Nick & Linda Kilpatrick Andrew Jang & Jeannie Yip	Friday evenings @ 7 pm twice monthly	Home near Fraser Lands Church	"Soul Care" by Rob Reimer
7	PSG – People Seeking God	Everyone welcome	Tombert & Joyce Chen	Every Friday @ 7:30 pm	Various homes in Richmond and other locations	Living a Spirit-filled life
8	LIFE – Living In Faith Everyday	Everyone welcome	Esther Ng Jacqueline Tung	Friday evenings @ 7:30 pm twice monthly	Various homes	Book of James
9	Kollao	Couples - dating, engaged, married (with or without children)	Joseph & Maggie Yuen Justin & Fong Chan	Sunday afternoons bi-weekly	Various homes or Fraser Lands Church	Focus on praying as a couple. Book study: "When Two Pray" by Kaynee Correoso.
10	WholyFit	All Women	Wendy Shuen Lila Sze	Wednesday evenings twice monthly	Various homes or Fraser Lands Church	Book to be determined
11	Eucharisteo	All Women	Shirley Ho	2 <sup>nd</sup> Tuesday & 4 <sup>th</sup> Friday @ 7:30 pm	Home in East Vancouver	"One Thousand Gifts" by Ann Voskamp. Learning to give thanks.
12	Women of Faith	All Women Christians & seekers	Pauline Wong Hedda Chan	Saturdays @ 7 pm twice monthly	Home near Fraser Lands	"Giving God Your All" from Women of Faith study guide series
13	Transformed	Everyone welcome but time / location catered to families with Awana children)	Lawrence & Esther Kong Dat Wong & Swan Lee	Saturday evenings @ 6:30 pm – 9 pm bi-weekly	Fraser Lands Church	Food, fellowship, and prayer
14	REIGNITE!	Everyone welcome but time / location catered to families with Awana children)	Sin & Serene Kwong Jason & Serena Woo	Saturdays @ 7 pm 2-3 times a month	Fraser Lands Church	In-depth study of "Sermon on the Mount" – Matt. 5-7
15	YMCA	Families with young children	Weng-Yew Wong & Saron Feng Jonathan Kwan & JoJo Tam	Sundays @ 2:30 pm twice monthly	Fraser Lands Church	God centered marriages
16	Kingdom Kouples	Married couples with teens	Steve & Lachmi Ma Dave & Jan Tam	Friday evenings @ 7:30 pm twice monthly	Fraser Lands Church	Studies split by gender: "Kingdom Man" & "Kingdom Woman"
17	Cornerstones	Age 50+	Grace Yu Ken Lo Henry Luke	1 <sup>st</sup> & 3 <sup>rd</sup> Saturdays @ 7 pm	Various homes	To be His witness - through the study of the Book of Acts

Sign up either online at our "Small Groups Ministry" link on the Fraser Lands English congregation homepage ([www.fraserlands.ca](http://www.fraserlands.ca)) or by submitting a printed form in the foyer drop box. For detailed group descriptions, please pick up a Small Groups Brochure or view it online.

**For more information, please contact our Small Group Coordinator:**

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