

FRASER LANDS CHURCH

FRASER LANDS SMALL GROUPS 2021-2022



A TIME FOR...

SPIRITUAL GROWTH

BUILDING & CARING

PRAYER

FELLOWSHIP & FRIENDSHIP

PURPOSE

Do you know that our Lord has called us to a journey that is to be lived in community?

Many of us yearn to have close friends. The kind of friends who would understand and care about you, listen to you, accept and value you the way you are & with your best interests at heart. Do such people actually exist in the church?

The Small Group ministry provides an environment that you can cultivate Christian friendship and fellowship in Christ. It is about genuine and authentic relationships. It is about bearing one another's burdens. It is about sharing one another's joys. Finally, it is about building one another up in Christ.

It is our prayer that you will find deepened fellowship and spiritual growth in a small group and experience the blessings that God has planned for you. You will bless and be blessed by those around you.

"Over fifty times in the New Testament the phrase 'one another' is used to describe our relationship to other believers. We are instructed to love one another, encourage one another, pray for one another, accept one another, bear one another's burdens and build up one another."



WHAT IS A SMALL GROUP?

There are a number of small groups in our church. Typically each group consists of 10-12 people who regularly meet at various members' homes. For the time being, all groups will initially meet online until further notice. A typical meeting may consist of singing praises, studying the Bible, learning, serving, sharing, praying and refreshments. It is a common understanding amongst the group members to respect sharing in confidence. Many groups host special events and enjoy outings and retreats together.

There are different types of group settings to meet the diverse needs of our church. Please look through the group descriptions to find out more details. Small groups provide an opportunity for us to fellowship and journey through life with people of all ages and various stages of life, giving a deeper and more profound experience of what it means to be the family of God together in this place.

HOW TO JOIN A GROUP?

You may join a small group anytime of the year. Enclosed are descriptions of the different groups available this year. Take your time to read through the material and find a group that meets your needs. Please fill out the online sign up form.

If you have any questions regarding Small Groups please e-mail our Small Group Coordinator, Pastor Ben Short at ben@fraserlands.ca

GROUP DESCRIPTIONS

The following are the small groups being offered this year:

1. ↑ Lift
2. LeaderImpact Business Group
3. It's Complicated
4. W5 (Welcome, Worship, Word, Work, Wellness)
5. People Seeking God (PSG)
6. LIFE - Living In Faith Everyday
7. Transformed
8. Kingdom Kouples Hearing God
9. Women of Faith
10. Cornerstone Fellowship
11. The Well Fellowship

Please note: In addition, there are college-aged small groups available for sign up within Souljourners Fellowship.

↑ LIFT LOVE, LEARN, AND LIVE IN FAITH TOGETHER

"Instead, speaking the truth in love, we will grow to become in every respect the mature body of him who is the head, that is, Christ. From him the whole body, joined and held together by every supporting ligament, grows and builds itself up in love, as each part does its work. (Ephesians 4:15-16)"

We desire to respond to this call in Ephesians by joining together and building each other up on our journey to Love, Learn, and Live in Faith Together ("Lift"). We will be diving deeper into our relationship with God, focusing on learning to love each other and being the body of Christ, and working towards the freedom God has for each of us through Soul Care. Please note that we will also be participating in short and long term missional events that may take place outside of small group meeting time.

*Upon signing up, you may be contacted by one of the small group leaders for an introductory chat.

Topic: Becoming Free and Loving like Jesus (supplemented by "Soul Care" by Rob Reimer)

Group Leaders:

Allison Chen, Felix Chan, Wilson Chau, Tiffany Koo

Meeting Time:

4 Saturday evenings a month @ 7:30pm-10pm

Location: Hybrid (Online/Outdoors/Various homes)

Participants: Young Adults

Group Status:

Open to new members



LEADERIMPACT BUSINESS GROUP

How is God present in my company? Can my job be my calling?
What does it mean to be a disciple while doing business?
How can I be a leader representing God to my team and clients?

We'll seek God and Spirit's guidance as we wrestle with these questions together through self-reflection, prayer, discussion, and goal setting. The material will be facilitated by LeaderImpact and business book reading.

Topic:

Discipleship in the context of business

Group Leader:

Vitaly Kan

Meeting Time:

Every Tuesday @ 7pm

Location:

Online with occasional gatherings

Participants:

Business professionals; Any age

Group Status:

Open to new members



IT'S COMPLICATED

We live in a time where fundamental values are changing, boundaries are being challenged, and societal expectations are weighing on our shoulders. Whether it be issues to balance our budget, nuances of work, raising children in today's environment, caring for our parents, keeping relationships strong, all or more of them combined?! It doesn't matter if you're younger or older, any of the above can apply in our "modern life". We need a village to support each other and the steadfast guidance from God. Join us to build an inter-generational Christian family of support and to build stronger individual spiritual growth so we can apply it to every aspect of our complicated life. This year, we will be studying Rob Reimer's book, "Soul Care".

Group Leaders: Wendy Chu & Frederick Lau,
Steve & Berlinda Chan

Meeting Time: Every other Friday @ 7pm-9pm

Location: Online until further notice (when safe to go back in person, will alternate between homes in Fraserview and Marpole)

Participants:

Everyone welcome, intergenerational

Group Status:

Open to new members



W5 WELCOME, WORSHIP, WORD, WORK, WELLNESS

We meet together to reflect on the Sunday sermons that will involve discussion, sharing, and application. We value the trust, transparency and openness of our group that have allowed us to develop very powerful connections with each other. We pray together and for each other. In doing so, we support each other in our life journeys and reinforce the blessings we continue to receive from God. We recognize that our testimonies have special meaning and we value each one of them. We have been meeting online but we also look forward to our face to face social gatherings. We love our food and treats that nourish our souls.

Topic: Reflection on a chosen Sunday sermon

Group Leaders:

Peter Wong & Karen Chiang

Meeting Time:

2nd & 4th Saturdays @ 7pm

Location:

Various member homes as this becomes more viable and/or via Zoom as necessary

Participants:

Everyone welcome, intergenerational

Group Status:

Open to new members



PSG PEOPLE SEEKING GOD

Have you ever wondered if God speaks to us today? Join us as we discover that He is speaking to us and we will practice listening for His voice. We encourage everyone who wants to journey daily with our Lord to join our group as we study His Word and learn to discern His voice amidst the sounds of the world around us.

Topic: Hearing God Daily

Group Leaders:

Tombert & Joyce Chen

Meeting Time:

Every other Friday

@ 7:30pm-9:30pm

Location:

Online via Zoom

until further notice

Participants:

Everyone welcome, intergenerational

Group Status:

Open to new members



LIFE LIVING IN FAITH EVERYDAY

We all have our own struggles and challenges in life. Facing life's difficult times together with God can help us grow and live in our faith. This small group is for those who want to study God's word together; share our life experiences & struggles with one another; support and encourage one another in love & prayer as we walk in step for a deeper relationship with Jesus.

Topic: We'll study/reflect on Sunday sermons, alternate with sharing/prayer and other activities. Members rotate in leading study, sharing/prayer

Group Leaders:

Esther Ng, Jacqueline Tung,
Kathy Cheng

Meeting Time:

Friday evenings @ 7:30pm (twice a month)

Location: Online via Zoom until further notice

Participants: Everyone welcome, intergenerational

Group Status: Open to new members



FLC LIFE Small Group Chinese Lunar New Year Celebration



TRANSFORMED

"Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is – his good, pleasing and perfect will." (Romans 12:2 NIV)

We know that we are transformed by God. We seek for Him to continue to transform us into the likeness of his Son.

And it's a blessing that we get to do so together, as family. Come and join us!

Topic: "The Enneagram" a spiritually-based personality tool to help better understand ourselves, our relationships with others, and our relationship with God. Members will take an enneagram personality test and the group will have

discussions on the 9 different personality types, and what spiritual formation looks like for each type. (Resource: "The Enneagram: A Christian Perspective" by Richard Rohr)

Group Leaders:

Swan & Dat Wong,

Esther & Lawrence Kong

Meeting Time:

Tuesdays @ 7pm-9pm every other week on Zoom (shift to Saturdays 7pm-9pm every other week once AWANA begins meeting at church)

Location:

On Zoom / Southeast Vancouver

Participants:

Everyone welcome, intergenerational

Group Status:

Open to new members



KINGDOM KROUPLES HEARING GOD

Living through the pandemic last year has certainly taught us that life is fragile and that things can change in an instant. As we faced uncertainties all around us, we also learned all the more that we need to anchor our lives on Jesus. Through the use of Southland Church's discipleship material called "The Way - Abide", we journey together to learn how to abide in Jesus, engaging with the One who made us and wants to help us thrive no matter what we face around us.

This year, we plan to continue on this discipleship pathway with "The Way - Grow Character".

Please note that the group is split by gender during study, sharing & prayer time. We will also have social nights as couples.

Group Leaders:

Steve & Lachmi Ma,
Dave & Jan Tam

Meeting Time: Friday
evenings @ 7:30pm,
every two weeks

Location: Online

until further notice / May have physical social gatherings
depending on provincial health guidelines

Participants: Married Couples (generally those with teens
attending Friday evening fellowship)

Group Status: Open to new members



WOMEN OF FAITH

Join us as we study God's Word together, but more importantly, to support each other through life's ups and downs. Laughter guaranteed! All women are welcome.

Topic:

"Over the Top: Discover God's Extravagant Love" from the Women of Faith Study Guide Series

Group Leaders:

Pauline Wong & Hedda Chan

Meeting Time:

Saturdays @ 6pm,
every 2 weeks

Location:

Home near Fraser Lands Church (assuming no new Covid restrictions. Zoom will be our alternate form of meeting)

Participants:

All women, Christians & seekers

Group Status:

Open to new members



CORNERSTONE FELLOWSHIP

We are an 'open' fellowship group of mature members who foster our three ministry areas of **Supporting, Encouraging, and Caring** by:

- A. Going Broader - to welcome people outside our group; and
- B. Going Deeper in our relationship with Christ and each other.

During the COVID-19 situation, we meet as a large group once a month via Zoom. The large group is also divided into several cell groups of 8-10 members. Each cell group meets once a month virtually or physically (in accordance with Provincial social distancing guidelines). The large group Zoom meeting will reflect on the Sunday sermons that involves discussion, sharing, and application. The cell group gathering is intended to promote deeper sharing and prayer. When the COVID-19 restriction is lifted, the large group will meet at the church.

Group Leaders: Henry Luke, Nicholas Lai, Ken Lo

Meeting Time:

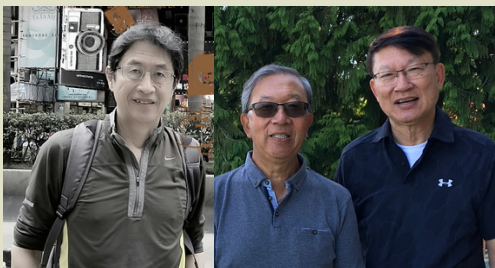
Second Saturday monthly
@ 7pm as a large group and
once a month in cell groups
of up to 10 members

Location: Zoom for large
group meetings and
virtual or physical
gathering of cell groups
with social distancing

Participants: Age 50+

Group Status:

Open to new members



THE WELL FELLOWSHIP

Year two of our fellowship will be a hybrid gathering. Every Thursday we will meet either in person at church or online. Our focus will be on the themes of spiritual renewal and being a loving presence in our neighbourhoods. This fellowship is open for all ages and we have space for up to 50 people. Our gatherings will include music, sharing of testimonies, teaching/discussions, and time in smaller pods for prayer. For more information and also if you'd like to help serve in this fellowship, please contact Pastor Josh (josh@fraserlands.ca).

Group Leader: Josh Koh

Meeting Time:

Thursdays @ 7:30pm-10pm

Location:

Hybrid (online or at church)

Participants:

Everyone welcome,
intergenerational

Group Status:

Open to new members

