Small Groups at a Glance 2022-2023

Fraser Lands Church

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	Group Name	Leaders	Participants	Meeting Time	Location	Topics
1	LEB (Love EmBodied)	Rachel Marr Kan Cheung	Post University Intergenerational	Every Thursday @ 6:30pm	Hybrid (Online, Fraser Lands Church, various homes)	Walking with God and each other through the challenges of life
2	Soul Squad	Matt Lowe, Christina Cheng, Estefani Maique, Vitaly Kan	Everyone welcome Intergenerational	Every Friday @ 7pm-9:30pm	Fraser Lands Church	Learning practices that help us draw closer to God
3	GIC (Growing	Winston & Celine Lai	Everyone welcome	Every Friday	Home in Central & North	Genesis
	In Christ)	Pat & Nina Quon	Intergenerational	@ 7pm-10pm	Burnaby	
4	Life App	Vincent & Lauren Tai	Everyone welcome Intergenerational	Every other Friday @ 7:30pm-9:30pm	Alternating between home (Cambie near QE Park) and Fraser Lands Church	Topical studies such as Wisdom, Advent, Lent and books of the Bible such as John, Genesis, Acts using WordGo App
5	W5 (Welcome, Worship, Word, Work,	Peter Wong & Karen Chiang	Everyone welcome Intergenerational	2nd & 4th Saturdays @ 7pm	Various member homes as this becomes more viable and/or via Zoom as	Reflection on a chosen Sunday sermon
	Wellness)				necessary	
6	PSG (People Seeking God)	Wilford & Charlie Ang Tombert & Joyce Chen	Everyone welcome Intergenerational	2nd & 4th Fridays @ 7:30pm-9:30pm	Fraser Lands Church & various homes	YouVersion devotionals
7	LIFE (Living In Faith Everyday)	Jacqueline Tung Kathy Cheng Clara Leong	Everyone welcome Intergenerational	Friday evenings @ 7:30pm (twice monthly)	Online via Zoom until further notice	Studying / reflecting on Sunday sermons
8	It's Complicated	Wendy Chu & Frederick Lau	Families with children or couples who are considering children	Every other Friday alternating Zoom (7pm-9pm) and In-Person (6:30pm-9pm)	Fraserview area home, church, and other members who open their homes	"Grace Based Parenting" by Dr. Tim Kimmel
9	Transformed	Dat & Swan Wong	Everyone welcome (parents with grade school kids)	Every other Saturday during AWANA time (7pm-9pm)	Fraser Lands Church	Prayer and Fellowship
10	Kingdom Kouples	Steve & Lachmi Ma	Married couples (generally those with teens/young adults attending Friday evening fellowship)	Friday evenings @ 7:30pm every two weeks	Fraser Lands Church	"The Way - Grow Character" by Southland Church
11	Polaris	Choong Jin Ng	Young adult men	Three Fridays per month @ 7pm-9pm	Hybrid (church, restaurant, online, etc.)	Men of God, based on Jesus Christ
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12	Women of Faith	Pauline Wong	All women, Christians & seekers	Saturdays @ 6pm every two weeks	Home near Fraser Lands Church (Zoom as alternative)	"Over the Top: Discover God's Extravagant Love" from the Women of Faith Study Guide Series
13	Cornerstone Fellowship	Henry Luke Nicholas Lai Ken Lo	Age 50+	Saturdays @ 2pm-4pm (twice monthly)	Fraser Lands Church	Book study TBD

Registration starts on Aug. 21st. Deadline is Sept. 11th. Sign up online at our "Small Groups Ministry" link at our church website (fraserlands.ca). For detailed group descriptions, please view our online Small Groups Brochure. For more info, please contact Pastor Ben Short (ben@fraserlands.ca).

Updated: 2022-08-20