

# Small Groups at a Glance 2023-2024

Fraser Lands Church

	Group Name	Leaders	Participants	Meeting Time	Location	Topics
1	<b>LEB (Love EmBodied)</b>	Rachel Marr Josh Chui	Post University	Every other Thursday @ 7pm	Fraser Lands Church & Marpole Area	Walking with God and each other through the challenges/joys of life
2	<b>Real Life Fellowship</b>	Rachel Marr Vitaly Kan	Post University Young Professionals	Every other Sunday @ 5:30pm	Fraser Lands Church	TBD
3	<b>Echo</b>	Wilson Chau Elizabeth Yang Bowen Liu	Post University	Every Thursday @ 7pm	Fraser Lands Church & various homes	Strengthen our relationship with God and live Christ-like lives
4	<b>Soul Squad</b>	Matt Lowe, Christina Cheng, Vitaly Kan	Everyone welcome Intergenerational	Fridays, 2-3 times a month @ 7pm-10pm	Fraser Lands Church	Book of Romans
5	<b>Spiritual Habits</b>	Pastor Ben Short	Everyone welcome Intergenerational	Every Wednesday @ 7pm-9pm	Fraser Lands Church & various homes	Practices of Spiritual Formation
6	<b>GIC (Growing In Christ)</b>	Winston & Celine Lai	Everyone welcome Intergenerational	Every Friday @ 7pm-10pm	Home in Central Burnaby	Book of Genesis
7	<b>Life App</b>	Vincent & Lauren Tai	Everyone welcome Intergenerational	Every other Friday @ 7:30pm-9:30pm	Fraser Lands Church & sometimes at home (Cambie near QE Park)	Topical studies on Wisdom, Christ's Life & Work, and books of the Bible using WordGo App
8	<b>PSG (People Seeking God)</b>	Wilford & Charlie Ang Tombert & Joyce Chen	Everyone welcome Intergenerational	Every Friday @ 7:30pm-9:30pm	Fraser Lands Church & various homes	"A Faith That Will Not Fail" by Michele Cushatt
9	<b>LIFE (Living In Faith Everyday)</b>	Jacqueline Tung Kathy Cheng Clara Leong	Everyone welcome Intergenerational	Twice a month, alternating between Friday evenings (7:30pm) & Sunday afternoons (12:30pm)	Online via Zoom on Fridays & In-Person at Fraser Lands Church on Sundays	John Stott Beatitudes study
10	<b>It's Complicated</b>	Charlotte & Matthew Woo Wendy Chu & Frederick Lau	Families with pre-teen/teenager children or couples who are considering children	Every other Friday alternating Zoom (7pm-9pm) and In-Person (6:30pm-9pm)	Fraserview area home, church, and other members who open their homes	TBD
11	<b>Belong</b>	Dat Wong & Swan Lee	Everyone welcome (parents with grade school & pre-k kids)	Every other Saturday during AWANA time (7pm-9pm)	Fraser Lands Church	Fostering genuine friendships between families
12	<b>Kingdom Kouples</b>	Steve & Lachmi Ma	Married couples (generally those with teens/young adults attending Friday evening fellowship)	Friday evenings @ 7:30pm every two weeks	Fraser Lands Church	"Kingdom Man" by Dr. Tony Evans & "Kingdom Woman" by Dr. Tony Evans & Chrystal Evans Hurst
13	<b>Women of Faith</b>	Pauline Wong	All women, Christians & seekers	Saturdays @ 6pm every two weeks	Home near Fraser Lands Church (Zoom as alternative)	"Praying Women: How to Pray When You Don't Know What to Say" by Sheila Walsh
14	<b>Cornerstone Fellowship</b>	Nicholas Lai Ken Lo	Age 55+	2nd & 4th Saturdays @ 2pm-4pm	Fraser Lands Church	Book study TBD

For detailed group descriptions, please view our online Small Groups Brochure at our "Small Groups Ministry" link on our church website (fraserlands.ca). For more info, please contact Pastor Ben Short (ben@fraserlands.ca).

Updated: 2024-04-19