

# Small Groups at a Glance 2024-2025

Fraser Lands Church

Group Name	Leaders	Participants	Meeting Time	Location	Topics
1 <b>Echo</b>	Wilson Chau Elizabeth Yang Wonhu Choi	Post University (Ages 23-35)	Every Thursday @ 7pm	Fraser Lands Church & various homes	Living Christ-like lives daily
2 <b>Rooted</b>	Bowen Liu Michelle Lan	Post University / College & Early Career	Every Friday @ 7:30pm-10pm	Fraser Lands Church	"The Pursuit of Holiness" by Jerry Bridges
3 <b>Soul Squad</b>	Christina Cheng Austin Wang	Everyone welcome Intergenerational	Fridays, 2-3 times a month @ 7pm-10pm	Fraser Lands Church	Book study TBD
4 <b>Spiritual Habits</b>	Pastor Ben Short Chiu Chan	Everyone welcome Intergenerational	Every Thursday @ 7:15pm-9:15pm	Fraser Lands Church and members who open their homes	Practices of Spiritual Formation
5 <b>GIC (Growing In Christ)</b>	Winston & Celine Lai	Everyone welcome Intergenerational	Every Friday @ 7pm-10pm	Home in Central Burnaby	Genesis
6 <b>Life App</b>	Vincent & Lauren Tai	Everyone welcome Intergenerational	Every other Friday @ 7:30pm-10pm	Alternating home (Cambie near QE Park) and Fraser Lands Church	The WordGo App offers topical studies as well as deep dives into various books of the Bible
7 <b>It's Complicated</b>	Charlotte & Matthew Woo Wendy Chu & Frederick Lau	Families with pre-teen or younger children or couples who are considering children	Twice a month, alternating Zoom (7pm-9pm) and In-Person (6:30pm-9pm)	Fraser Lands Church and members who open their homes	TBD
8 <b>BELONG</b>	Esther Leung-Kong	Everyone welcome (generally parents with grade school & pre-k kids)	Every other Saturday during AWANA time (7pm-8:45pm)	Fraser Lands Church	Seasonal study topics
9 <b>Kingdom Kouples</b>	Steve & Lachmi Ma	Married couples (generally those with teens/young adults)	Friday evenings @ 7:30pm every two weeks	Fraser Lands Church	Book studies
10 <b>Women of Faith</b>	Pauline Wong	All women, Christians & seekers	Saturdays @ 6pm every two weeks	Home near Fraser Lands Church (Zoom as alternative)	"Praying Women: How to Pray When You Don't Know What to Say" by Sheila Walsh
11 <b>Cornerstone Fellowship</b>	Dave & Grace Yu Henry & Pam Luke	Age 55+	2nd & 4th Saturdays in the afternoon	Fraser Lands Church & various homes	Book study TBD

**Registration starts on Aug. 4th. Deadline is Sep. 1st.** Sign up online at our "Small Groups Ministry" link at our church website ([fraserlands.ca](http://fraserlands.ca)). For detailed group descriptions, please view our online Small Groups Brochure. For more info, contact Pastor Ben Short ([ben@fraserlands.ca](mailto:ben@fraserlands.ca)).



Scan QR for group descriptions, brochure, online sign up form, and more info or go to [fraserlands.ca/smallgroups](http://fraserlands.ca/smallgroups)

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