

Fraser Lands Church  
**Set Free Weekend**  
October 17-18, 2025

**What will happen at the Set Free Weekend?**

You will be given the opportunity to:

- hear God speak to you
- be cleansed of bondages, past sins, guilt and shame
- bring healing to your Generational Family Tree
- contemplate Jesus' death on the Cross
- learn spiritual principles for overcoming schemes of the evil one in your life
- learn how to minister to others who are hurting and in bondage

**How can I prepare to receive the most out of this Set Free Weekend?**

1. Simply ask God what you need at the Set Free Weekend and be willing to trade your agenda for His.
2. Have an expectant attitude. Hunger and thirst for all that God wants for you (Matthew 5:6-8).

3. Do what you can to confess any known sin, clear up any petty grudges, bitterness or resentment in your heart. Set your heart to seek God and be diligent to read your Bible and pray. Don't dull your soul with all kinds of distractions; for example, consider how much time you are exposed to media. In Scripture we can see how Moses prepared the people for an encounter with God:

**Exodus 19:9-11** *Then the Lord said to Moses, "I am going to come to you in a thick cloud so the people themselves can hear me as I speak to you. Then they will always have confidence in you." Moses told the Lord what the people had said. <sup>10</sup>Then the Lord told Moses, "Go down and prepare the people for my visit. Purify them today and tomorrow, and have them wash their clothing. <sup>11</sup>Be sure they are ready on the third day, for I will come down upon Mount Sinai as all the people watch."*

**A Word about Realistic vs. Unrealistic Expectations**

1. One encounter with God isn't enough – it needs to become a regular occurrence! The principles learned and experienced on this Set Free Weekend will need to be applied for the REST OF YOUR LIFE.
2. The enemy doesn't want you to encounter God so you can expect him to do whatever he can to keep you from getting the most out of this weekend. Don't be surprised this week if: you feel sick and tired, you feel angry, you have an urge to pull out of this weekend, etc. Be strong; don't let anything keep you from encountering God.
3. Only a small percentage of people have been powerfully delivered in an instant, never to struggle again in a particular area. God sometimes works this way, but not usually.
4. A large percentage of people find that the Set Free Weekend is the START of their deliverance – they continue to find more and more freedom as they walk with God in the weeks and months to follow. This weekend is only one step in the healing journey that we are all on.

**Practical Considerations:**

· **Sign-in:** Sign-in is on Friday at 6:30pm at Fraser Lands Church. The first session begins at 7pm. After the sessions on Friday, participants go home for the night and are asked to be on time for the first Saturday session at 9am (breakfast not included). The Set Free Weekend runs until Saturday 5pm with lunch and refreshment breaks provided throughout the day.

· **You need to bring:** Please bring your Bible, a notebook, and a pen. *Above all, bring a heart that is willing to be ministered to by the Lord Himself!*